

## Julaine Hall, Circus Artist



### Circus Training

I have been training circus since 2006. I've been performing since 2009. My primary disciplines are Chinese Pole but I train in every discipline I can get my hands on -- disciplines like: Corde Lisse, Aerial Straps, Handbalancing, Double-Point Static Trapeze, Tumbling, Teeterboard/Korean Plank/Exit Board, Juggling, Strength & Conditioning, Acrodance, Unicycle, and Tightwire.

### Career Highlights

"Volume 7: Rope Relay" member, Acrobatic Conundrum, Dec 2020, Online show

- "Unraveling" (3 shows) Acrobatic Conundrum, Dec 2019 & Fundraiser show, June 2019, Seattle, WA
- SANCA Youth Company Performer, 10 + years, Seattle, WA
- "SANCA's Annual Gala" - Teatro ZinZanni - 2010-2019, Seattle, WA
- Master Youth Intensive Program - San Diego Circus Center - (5 wk (39hr/wk) training program in conjunction with Cirque de Soleil NextGen program), Summer 2019, San Diego, CA
- Master Youth Intensive Program - San Diego Circus Center - (5 wk (39hr/wk) training program in conjunction with Cirque de Soleil NextGen program), Summer 2020, San Diego, CA (Online participant)
- San Diego Circus Festival Performer: Professional Show (Rope); Emerging Show (Chinese Pole), Aug 2019, San Diego, CA
- "AYCO Festival" Opening Show Performer AND Festival rigging team member, Aug 2019, San Diego, CA
- "Circus Smirkus Big Top Tour: Vaudeville!" - Summer 2018 (68 show run), New England, USA
- "AYCO Festival" Showcase Performer (Chinese Pole solo)- Trenton Circus Squad, 2017, Trenton, NJ
- Super Fun Party Time" Performer (Chinese Pole solo, Clowning, and Character, 12 show run), Teatro Zinzanni, Fall 2016, Seattle, WA

### National Circus Work

Member of AYCO's "Hup! Squad" – 2018, 2019 and 2020. Members write articles for the AYCO blog, take polls, and submit feedback for ways to improve American youth circus.

### Bonus Skills

- Music – I play guitar and piano. I am a songwriter.
- Health/Nutrition - I love to cook healthy and for modified diets (GF, Dairy-Free, Vegan, Paleo, Keto, etc.)
- Fire Science – Shoreline Fire Cadet, 2018-Present.